

PANCAKE RACE

TUESDAY, 21 February 2023

Rules for Competitors Under 10's (6+)



1. No child will be allowed to enter without a signed parental/guardian consent form which should be submitted to Lichfield City Council by **12 Noon on Friday 17 February 2023**
2. Parent/guardian must accompany entrants on the day.
3. All race entrants and accompanying adult must pre-register at Lichfield City Council Offices by **12 Noon on Friday 17 February 2023**
4. All Race entrants must report to the Guildroom by 11.15am on the day prior to the start of the races.
Competitors will not be allowed to register on the day.
5. Parents/guardians will take overall responsibility for their children's safety in ensuring that suitable non-slip footwear and suitable clothing is worn.
6. Lichfield City Council reserves the right to refuse entry, places will be allocated strictly on a first come first served basis.
Entrants who have not pre-registered will not be allowed to take part.
7. The race is for children under 10 years of age (**Minimum age 6 years**)
8. Runners will line up at the start and the Starter will declare: - "Are you ready?" And then give the starting signal, at which point runners **MUST FLIP THE PANCAKE ONCE BEFORE SETTING OFF.**
9. Runners will run down Bore Street, with the pancake in the frying pan; flip the pancake once at the designated point before running to the finishing line.
10. At the finish the first runner across the line will be declared the winner.
11. In the event of a tie, the 2 runners will enter the final heat until one overall winner is declared.
12. Lichfield City Council reserves the right to cancel the races in adverse weather conditions and reserves the right to refuse entry.

In the event of a dispute, the Mayor's decision is final.

PARENTAL/GUARDIAN CONSENT FORM SHROVETIDE PANCAKE RACES 2023



Name of entrant.....

Address.....

.....Postcode.....

Telephone Number.....

Date of Birth

I give permission for the above named to participate in the Shrovetide Pancake Races and both myself and my child have read the race rules.

I will bear the overall responsibility for my child participating in the race based on my own assessment of the weather and road conditions, venue, format of the race and my child's fitness and ability and I understand that Lichfield City Council accept no liability for any loss, damage, or injury, however caused.

I understand that publicity may be given to entrants/winners and their names and photographs may be published in the local press or other media. By signing this application form, I am granting the City council permission to use these in their publications.

SignedDate.....
(Parent /Guardian)

Please return this form to:

Harriet Chatwin

Lichfield City Council, Donegal House, Bore Street, Lichfield, WS13 6LU

or Email civic@lichfield.gov.uk

Any queries please call **01543 250011**